



## Charity Event Medical and Risk Declaration

All participants must complete this form and return it promptly to the charity/event organiser who will pass it on to The Outer Edge. Participants must be aged 18 or over unless accompanied by a parent or legal guardian (a minimum age of 14 applies).

### EVENT

Charity event: ..... Date: .....

### YOUR DETAILS

Title: ..... Full name: ..... Date of birth: .....

Address: .....

..... Postcode: .....

Tel (day): ..... (mobile): ..... Email address: .....

### EMERGENCY CONTACT

Name: .....

Relationship: ..... Tel no (on day): .....

### MEDICAL INFORMATION/MEASUREMENTS

Please give details of any physical or mental disabilities/impairments (continue overleaf if required): .....

.....  
 (The Outer Edge prides itself on its ability to cater for individual needs and requirements to ensure your safety, comfort and enjoyment. However, should it be deemed that someone's condition or ability put that person or others at risk then they will not be allowed to participate. The more notice we have of any special requirements the more able we are to cater for your needs.)

Please give details of any current/recent medical conditions, illnesses, injuries or other information we need to be aware of e.g. balance impairment, severe anxiety, fear of heights, poor general fitness or a recent operation (continue overleaf if required):

.....  
 (Please inform The Outer Edge instructor on the day of your event of any illnesses/conditions that have arisen since completion of this form.)

Weight: ..... Height: ..... Allergies: .....

### PARTICIPANT STATEMENT

The Outer Edge takes pride in its stringent safety procedures, however it is important that participants listen carefully to all safety briefings on the course/event and must comply with the instructions given by The Outer Edge staff. One of the attractions of outdoor activities is their adventurous nature. Participants must be aware of and accept the elements of risk, take responsibility for their own actions and must not do anything that could put themselves or others at risk. If you have any doubts about the state of your health or your physical abilities it is your responsibility to consult a doctor prior to the course. We give you a unique opportunity to push yourself out of your comfort zone and to The Outer Edge of your stretch zone so you can grow and develop new skills and confidences. But know your limits ... if in doubt slow down or stop!

### AGREEMENT

I agree to abide by safety requirements as The Outer Edge considers advisable. I have read and understood the participant statement and have completed this Medical & Risk Declaration to the best of my knowledge. I understand that The Outer Edge is under no liability in respect of personal loss or injury that I sustain, except as required by law. If I would like personal accident insurance I shall make the necessary arrangements. This will not effect, as will none of the above, my statutory rights or The Outer Edge's obligation towards me.

Signed: ..... Date: .....

The Outer Edge will not share your details with any third parties and information disclosed will be treated strictly confidentially. The Outer Edge may wish to let you know of other outdoor events/courses in the future, should you not wish to be contacted about these please tick here:

John Paul Edgington trading as The Outer Edge